



**Pathway to Success**  
**Associate of Science in Biology Education Plan**  
**Holistic Wellness Track**  
**Effective Beginning Fall 2017**

*Transfer students should review all transcripts with an academic advisor to determine if the courses apply to this education plan.*

Name:	Student ID#:
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Start Date:	Semester/Year:
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Texas State Initiative (TSI) status. Complete:  Waived:  Incomplete:  (Complete section directly below.)

**Developmental Coursework Requirements**

Course	Date completed	Grade	Course	Date completed	Grade
READ 0302/0102			MATH 0302/0202		
READ 0302			Math 0302		
INRW 0303			Math 0303		
ENGL 0302/0102					
ENGL 0302					

<b>Biology Associate of Science</b>	<b>60 HOURS TOTAL</b>	<b>(TSI Required)</b>
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<b>Required Core Courses</b>	<b>45 HOURS</b>	
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Course	Title	Date completed	Grade
ENGL 1301	Composition I		
ENGL 1302	Composition II		
MATH	Recommended MATH 2412 or 2413		
BIOL 1411	Botany		
BIOL 2406	Environmental Biology		
HIST 1301	United States History I		
HIST 1302	United States History II		
GOVT 2305	Federal Government		
GOVT 2306	Texas Government		
BCIS 1305	Business Computer Applications		
SPCH 1315	Public Speaking		
ELECTIVE*	Select one course for Social & Behavioral Sciences from ECON, PSYC, SOCI: PSYC 2319 Recommended		
ELECTIVE*	Select one course for Language, Philosophy & Culture from ENGL, HUMA, SPAN		
ELECTIVE*	Select one course for Creative Arts from ARTS, DRAM, MUSI		

<b>Holistic Wellness Pathway Courses</b>	<b>15 HOURS</b>	
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Course	Title	Date completed	Grade
BIOL 1322	Nutrition (Advanced Study with Dr. Lori Rose)		
BIOL 1323	Nutrition II		
BIOL 2289	Holistic Clinical Skills		
BIOL 2389	Advanced Holistic Clinical Skills		
ELECTIVE*	Science Elective		

\*See Core Curriculum for course options.

Comments:



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The Hill College Holistic Wellness Pathway provides a unique opportunity for students to pursue holistic wellness education within an accredited, degreed program that allows the use of federal financial aid and has the potential to lead to an associate of science degree. To our knowledge, no other program like this exists in the United States.

Depending on the option chosen, students can obtain the education required to apply to any combination of or all three different national/international credentialing boards:

- NANP Holistic Nutrition\*
- AHG Registered Herbalist\*
- ICHWC Wellness Coach\*

Upon completion, students can have their own personal holistic wellness clinic or blog, add these certifications onto other health professions or degree paths, obtain these certifications in addition previously-awarded degrees, or continue to a 4-year college to pursue advanced degrees in the health field. The average wellness coach/nutrition consultant salary is \$40,000 per year. See the full program here: <http://www.hillcollege.edu/HolisticWellness>

**Option 1: Associate of Science, Biology Major + Full Holistic Wellness Pathway**

Required courses: Complete program on the reverse side

**Option 2: Alternative Associate degree + Full Holistic Wellness Pathway**

Required courses: Biol 1322-Advanced Study with Dr. Lori Rose, Biol 1323, Biol 2289, Biol 2389, Biol 1411, Biol 2406 + Associate Degree

**Option 3: NANP Holistic Nutrition Board Exam only**

Required courses: Biol 1322-Advanced Study with Dr. Lori Rose, Biol 1323, Biol 2289, Biol 2389

**Option 4: NANP Holistic Nutrition Board Exam + Apply for Registered Herbalist designation through AHG only**

Required courses: Biol 1322-Advanced Study with Dr. Lori Rose, Biol 1323, Biol 2289, Biol 2389, Biol 1411, Biol 2406

**Option 5: NANP Holistic Nutrition Board Exam + ICHWC Wellness Coach Exam (still pending) only**

Required courses: Biol 1322-Advanced Study with Dr. Lori Rose, Biol 1323, Biol 2289, Biol 2389, + Associate Degree

Information about each credentialing board:

- NANP: <http://www.nanp.org/>
- AHG: <http://www.americanherbalistsguild.com/>
- ICHWC: <http://ichwc.org/>

\*Each board may have additional requirements, such as clinical hours, a minimum number of client sessions, application and membership fees, etc., in addition to your Hill College degree requirements. These additional certification board requirements DO NOT affect your Hill College associate degree Graduation Requirements. If you meet your Hill College graduation requirements within your degree program, you qualify for your Hill College degree regardless of your standing with the above certification boards. Contact Dr. Lori Rose for more information [lrose@hillcollege.edu](mailto:lrose@hillcollege.edu) , 817-760-5892, and see the full program here <http://www.hillcollege.edu/HolisticWellness>